

Katrin Aust

I set thoughts and attitudes in motion



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SPECIALIST AREAS

Development

Development programs for executives // Workplace Transfer Support // Topic-related individual trainings // Train the Trainer // Coaching

Transformation

Support of organizational change processes // Strategy development // Team development processes // Conflict mediation // Leadership and corporate culture

INDUSTRY-SPECIFIC EXPERIENCE

Automotive manufacturers // Automotive suppliers // Banks and financial services // Chemical industry // Public corporations // Logistics // Media // Medical technology // Pharmaceutical industry

CROSS-CULTURAL EXPERIENCE

Europe: Western and Eastern Europe
Asia: Middle East, India, Japan, China
Africa: North Africa, Central Africa, South Africa
Americas: North and South America

WORKING LANGUAGES

German // English

QUALIFICATIONS

Studies in "Systemic Management"

at the Technical University of Kaiserslautern. Degree: Systemic Manager

University study of psychology

at the Justus-Liebig University, Gießen and at the Georg-August University, Göttingen.
Degree: Diplom-Psychologist

Zertifizierter Agile Transformation Manager, HR-Pioneers

Trained facilitator for LEGO® Serious Play® method and material, EOL Academy

Coaching Training, Simon Weber & Friends

EXAMPLES OF PROJECTS

Development

Leadership development within a logistics company

I was asked to design and implement a development program for managers at the European level for a globally active logistics company. This resulted in a 3-module training with the topics: "Basics of Leadership", "Intercultural Cooperation" and "Leading through Change Processes". A group of participants from the talent pool runs through the program together over a period of about 7 months, which is accompanied by me as a trainer and moderator. In addition to the face-to-face training sessions, I also provide telephone coaching after each module to ensure the transfer of knowledge. In addition, the participants form partnerships to support each other in "peer coaching".

Transformation

Workshop for merging two teams into a joint department

After the official reorganization of various work areas into newly defined departments, the task was to merge two previously independent teams, positioned at different locations, into a single functioning department. The focus was on extensive preliminary discussions with the superiors, as well as a detailed clarification of expectations with the team members. After the corresponding preparation, I designed and conducted several vision, goal-setting and team-building workshops, as well as organizing a subsequent evening event.